

Edmondsley Primary PSHCE KS1 and KS2 Long term plan outline

Continuous provision

- A weekly timetable of assemblies:
 - ♦ Monday - Key Stage 2 - focus PSHCE assembly related to the area of focus for the half-term
 - ♦ Tuesday - Key Stage 1 - focus on Current Affairs/Geography
 - ♦ Wednesday Key Stage 2 - focus on Current Affairs/Geography
 - ♦ Thursday - Key Stage 2 - focus on Emotional Wellbeing and Character Development
 - ♦ Friday - Key Stage 1 and 2 - Celebration Assembly focus on celebrating and sharing achievements to foster sense of pride and sharing in reaching goals/achievement. Parents attendance allowed on occasion.
- Regular PSHCE focussed assemblies for parents to attend and children to present their class pledge/focus. Year 1 to Year 6.
- Playground buddies - Nursery playground and Main school playground.
- Harvest Festival celebration and yearly Remembrance Event - Community members invited.
- NSPCC Child line Bi-annually
- Fairtrade fair held annually with learning to the different lives, cultures and societies of others

| Year | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| Year 1 Health and wellbeing focus – Self-help, belief and Diversity | | | | | | |
| 1 | PSHCE focus What's New? Class squirrel pledge: Diversity SRE focus: identify and respect the differences and similarities between people. | PSHCE focus: Me and My Community Class squirrel pledge: Self help and belief SRE focus: identify and respect the differences and similarities between people. | PSHCE focus: Everyone Aims High At Edmondsley Class squirrel pledge: Diversity SRE focus: Know about the process of growing from young to old and how people's needs change | PSHCE focus: Strive To Be the Best I Can Be Class squirrel pledge: Self help and belief SRE focus: Know about the process of growing from young to old & how people's needs change. | PSHCE focus: I is in United, Teamwork's the prize Class squirrel pledge: Diversity SRE focus: Know how some diseases are spread and can be controlled and the responsibilities they have for their own health. | PSHCE focus: What's Next? Class squirrel pledge: Self help and belief SRE focus: Know how some diseases are spread and can be controlled and the responsibilities they have for their own health and that of others |
| Year 2 Health and wellbeing focus – Healthy Eating and food and Effort is Key | | | | | | |

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| 2 | <p>PSHCE focus What's New?</p> <p>Class squirrel pledge: Healthy Eating and food</p> <p>SRE focus: Understand that people's bodies and feelings can be hurt.</p> | <p>PSHCE focus: Me and My Community</p> <p>Class squirrel pledge: Effort is key</p> <ul style="list-style-type: none"> • SRE focus: Understand that there are different types of teasing and bullying, that these are wrong & unacceptable. | <p>PSHCE focus: Everyone Aims High At Edmondsley</p> <p>Class squirrel pledge: Healthy Eating and food</p> <p>SRE focus: Understand what types of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond to these.</p> | <p>PSHCE focus: Strive To Be the Best I Can Be</p> <p>Class squirrel pledge: Effort is key</p> <p>SRE focus: Understand what types of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond to these.</p> | <p>PSHCE focus: I is in United, Teamwork's the prize</p> <p>Class squirrel pledge: Healthy Eating and food</p> <p>SRE focus: Know what change and loss means and the feelings associated with them (such as moving home, losing toys, pets or friends)</p> | <p>PSHCE focus: What's Next?</p> <p>Class squirrel pledge: Effort is key</p> <p>SRE focus: Know what change and loss means and the feelings associated with them (such as moving home, losing toys, pets or friends)</p> |
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Year 4.5 Health and wellbeing focus – A Heathy Body and Uniqueness
Year 3.4 Health and wellbeing focus – Fighting germs, good hygiene and Persistence

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| Cycle A Year 3 /4 Year 4/5 | <p>PSHCE focus What's New?</p> <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <ul style="list-style-type: none"> • SRE focus: I know what a positive, healthy relationship is & how to develop & maintain this. | <p>PSHCE focus: Me and My Community</p> <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <ul style="list-style-type: none"> • SRE focus: Realise the consequences of anti-social and aggressive behaviours such as bullying and discrimination. | <p>PSHCE focus: Everyone Aims High At Edmondsley</p> <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <p>SRE focus: I know people who are responsible for helping me stay safe and healthy and ways I can help these people</p> | <p>PSHCE focus: Strive To Be the Best I Can Be</p> <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <p>SRE focus: I know people who are responsible for helping me stay safe and healthy and ways I can help these people</p> | <p>PSHCE focus: I is in United, Teamwork's the prize</p> <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <p>SRE focus: I understand that bacteria and viruses can affect health and that following simple routines can reduce their spread.</p> | <p>PSHCE focus: What's Next?</p> <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <p>SRE focus: I understand that bacteria and viruses can affect health and that following simple routines can reduce their spread.</p> |
| Cycle B Year 3/4 Year 4/5 | <ul style="list-style-type: none"> • PSHCE focus What's New? <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <ul style="list-style-type: none"> • SRE focus: Realise the consequences of anti-social and aggressive behaviours/ bullying and discrimination. | <ul style="list-style-type: none"> • PSHCE focus: Me and My Community <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <ul style="list-style-type: none"> • SRE focus: I know what a positive, healthy relationship is & how to develop & maintain this. | <ul style="list-style-type: none"> • PSHCE focus: Everyone Aims High At Edmondsley <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <ul style="list-style-type: none"> • SRE focus: Understand when I should & should not keep something confidential or secret. | <ul style="list-style-type: none"> • PSHCE focus: Strive To Be the Best I Can Be <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <ul style="list-style-type: none"> • SRE focus: Understand when I should and should not keep something confidential or secret and when it is right to break this confidence. | <ul style="list-style-type: none"> • PSHCE focus: I is in United, Teamwork's the prize <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <ul style="list-style-type: none"> • SRE focus: Understand what kind of physical contact is acceptable and unacceptable, | <ul style="list-style-type: none"> • PSHCE focus: What's Next? <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <ul style="list-style-type: none"> • SRE focus: Understand what kind of physical contact is acceptable and unacceptable. |
| Cycle C Year 4/5 Year 3/4 | <ul style="list-style-type: none"> • PSHCE focus What's New? | <ul style="list-style-type: none"> • PSHCE focus: Me and My Community | <ul style="list-style-type: none"> • PSHCE focus: Everyone Aims High At Edmondsley | <ul style="list-style-type: none"> • PSHCE focus: Strive To Be the Best I Can Be | <ul style="list-style-type: none"> • PSHCE focus: I is in United, Teamwork's the prize | <ul style="list-style-type: none"> • PSHCE focus: What's Next? <p>Rabbit Class squirrel pledge: persistence</p> |

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| | <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <ul style="list-style-type: none"> SRE focus: Understand what positively and negatively affects my physical mental and emotional health (including media). | <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <ul style="list-style-type: none"> SRE focus: Understand what positively and negatively affects my physical mental and emotional health (including media). | <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <ul style="list-style-type: none"> SRE focus: Recognise and manage dares. | <p>Rabbit Class squirrel pledge: persistence</p> <p>Deer Class squirrel pledge: uniqueness</p> <ul style="list-style-type: none"> SRE focus: Recognise and challenge stereotypes. | <p>Rabbit Class squirrel pledge: fighting germ/good hygiene</p> <p>Deer Class squirrel pledge: Healthy body</p> <ul style="list-style-type: none"> SRE focus: Understand the nature and consequences of discrimination (race). | <p>Deer Class squirrel pledge: uniqueness</p> <ul style="list-style-type: none"> SRE focus: Understand the nature and consequences of discrimination (race). |
| Year 5.6 Health and wellbeing focus – Anti Bullying and overcoming challenge | | | | | | |
| Cycle A* Year 5/6 | <ul style="list-style-type: none"> PSHCE focus What's New? <p>Class squirrel pledge: Anti bullying</p> <ul style="list-style-type: none"> SRE focus: Recognise that increasing independence brings responsibility to keep myself & others safe. | <ul style="list-style-type: none"> PSHCE focus: Me and My Community <ul style="list-style-type: none"> Growth Mindset focus: Be Grateful <ul style="list-style-type: none"> SRE focus: Recognise that increasing independence brings responsibility to keep myself & others safe. | <ul style="list-style-type: none"> PSHCE focus: Everyone Aims High At Edmondsley <p>Class squirrel pledge: Anti bullying</p> <ul style="list-style-type: none"> SRE focus: Know what the equalities act is/relates to race, religion | <ul style="list-style-type: none"> PSHCE focus: Strive To Be the Best I Can Be <ul style="list-style-type: none"> Growth Mindset focus: Be Unique, Be you <ul style="list-style-type: none"> SRE focus: Know what the equalities act is/relates to disability | <ul style="list-style-type: none"> PSHCE focus: I is in United, Teamwork's the prize <p>Class squirrel pledge: Anti bullying</p> <ul style="list-style-type: none"> SRE focus: Understand the consequences of teasing and bullying (mental health). | <ul style="list-style-type: none"> PSHCE focus: What's Next? <ul style="list-style-type: none"> Growth Mindset focus: Effort is Key <ul style="list-style-type: none"> SRE focus: Understand the nature and consequences of discrimination (sexuality & gender). |
| Cycle B* Year 5/6 | <ul style="list-style-type: none"> PSHCE focus What's New? <p>Class squirrel pledge: Anti bullying</p> <ul style="list-style-type: none"> SRE focus: Be aware of different types of relationship (families, marriage and civil partnerships). | <ul style="list-style-type: none"> PSHCE focus: Me and My Community <p>Class squirrel pledge: Overcoming challenge</p> <ul style="list-style-type: none"> SRE focus: Be aware of different types of relationship (families, marriage and civil partnerships). | <ul style="list-style-type: none"> PSHCE focus: Everyone Aims High At Edmondsley <p>Class squirrel pledge: Anti bullying</p> <ul style="list-style-type: none"> SRE focus: Know what the equalities act is/relates to age, gender. | <ul style="list-style-type: none"> PSHCE focus: Strive To Be the Best I Can Be <p>Class squirrel pledge: Overcoming challenge</p> <ul style="list-style-type: none"> SRE focus: Know what the equalities act is/relates to sexuality. | <ul style="list-style-type: none"> PSHCE focus: I is in United, Teamwork's the prize <ul style="list-style-type: none"> Class squirrel pledge: Anti bullying <ul style="list-style-type: none"> SRE focus: Understand the consequences of teasing and bullying (including LGBT) | <ul style="list-style-type: none"> PSHCE focus: What's Next? <ul style="list-style-type: none"> Class squirrel pledge: Overcoming challenge <ul style="list-style-type: none"> SRE focus: Understand the nature and consequences of discrimination (sexuality and gender). |

* Recognise how my body will change as I approach and move through puberty and understand the emotional changes which happen during puberty - School nurse - Puberty afternoon talks (Year 6 boys, Year 5 (periods only) and Year 6 girls).