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	school HC	me Learning Gria S	000	
Week beginning:	1 st February 2021			
Class name:	Hedgehog There are additional activities on the final pages, including activities to concentrate on your well-being. Please visit our class bage on our school website for daily physical exercises and games. Please send in your work via the class email by Friday 5 th February. Class email: year1@edmondsley.durham.sch.uk English Maths Fun Foundation			
Monday	Spellings Have a spelling quiz and see how many spellings you have learned (week 3 spellings). E mail your score into school and earn castle points. Any spellings that were not correct, write three times for practice. Group A can you now choose three of this week's spellings and write them as three sentences? Remember to use capital letters and full stops. Group B can you now choose one of this week's spellings and write a sentence? Remember to use capital letters and full stops. Practice spellings for week 4 http://www.edmondsley.durham.sch.uk/ou r-classes/hedgehogs-class/ Write each word in a bright colour then write it five times in five different colours.	Children will think about adding numbers together to make ten and use this to help them add numbers to 20. Click on link below for teaching video. Video: https://vimeo.com/492195041 Answer the questions below 1) What is 9 + 4? 2) Work out 8 + 4 3) Compare using <, > or = 13 + 1 15 - 1 4) Name the shape.	Geography Following on from last week and talk about your usual journey to school. What do you pass on your way? Think about the symbols you made last week. Which direction do you walk? Talk to your child about the directions on a compass. North, East, South and West. Watch the video again from last week (link below) Ask your child to draw a simple map showing their route to school, asking them to think about the directions and which way they would turn. https://www.bbc.co.uk/teach/class-clips-video/geography-ks1ks2-maps/zdwhpg8 Challenge Can you add any of the symbols you created last week, to your map?	

Tuesday

Phonics

Children to watch The Drawing Board teaching video.

https://www.youtube.com/watch?v=kzAJIC3qF

MM

After watching the video, visit Phonics play and practice games with the oe sound. https://www.phonicsplay.co.uk/

English

Re read the story, Dear Zoo. You will find this as a Power Point uploaded on to TEAMS.

Can you think of different adjectives for each of the animals? There is a picture sheet uploaded on to Teams or you could just write the animal and adjective on paper if you prefer.

Children will continue to use number bonds to ten to help with addition to 20.

Click on links below for teaching video, work sheet and answer sheet.

Video: https://vimeo.com/492195871

Worksheet:

https://resources.whiterosemaths.com/wpcontent/uploads/2019/11/Y1-Spring-Block-1-WO3-Add-by-making-10-2019.pdf

Answers

https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y1-Spring-Block-1-ANS3-Add-by-making-10-2019.pdf

Science

Think about the animal groups you learned about last week. Think about mammals, Are they all the same?
Are they different?
How are they different?
Look at the Power Point presentation on Teams. Talk about the different animal groups, mammals, fish, reptiles, amphibians and birds. Compare different animals within those groups.

How are they different?
What is the same? There is an activity
sheet uploaded on to Teams for you. Can you
look at the photographs of the different
animals printed on the sheet with 2 stars?
Compare them and write similarities and
differences in the boxes.

		 Challenge What is 7 + 5? Work out 12 + 8 Order the numbers from largest to smallest. 17 , 9 , 14 Name the shape. 	
Wednesda Y	Phonics Children to watch Geraldine Giraffe teaching video. https://www.youtube.com/watch?v=dOHDkQGhku4 After watching the video, visit Phonics play and practice games with the ausound. https://www.phonicsplay.co.uk/English Look at the Power Point on Teams titled 'to retell a story Dear zoo.' Can you fill in the missing parts of the power point and retell the story using your own adjectives this time? You will need to use the ideas you came up with yesterday to help you. Ensure you use capital letters, full stops and finger spaces. Use your phonic knowledge to help you with any tricky spellings.	Children will start to think about subtracting two numbers that do not cross ten. Click on links below for teaching video, work sheet and answer sheet. Video: https://vimeo.com/492197096 Worksheet: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y1-Spring-Block-1-WO4-Subtraction-not-crossing-10-2019.pdf Answers: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y1-Spring-Block-1-ANS4-Subtraction-not-crossing-10-2019.pdf	Music Follow this link for the second lesson on rhythm. In this lesson, we will learn to read and write our songs using rhythmic notation. https://classroom.thenational.academy/lessons/rhythms-6rtp6c Challenge If you would like to complete more lessons on music, click the subject button at the end of the video.

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English

Write as many words as you can think of using the oe, au and ey sounds.

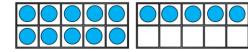
Draw a picture for one of them.

Can you make a silly sentence using some of your chosen words?

Answers:

https://resources.whiterosemaths.com/wp-content/uploads/2020/12/Y1-Spring-Block-1-ANS-Subtraction-not-crossing-10-counting-back.pdf

1) What is 15 - 3?



- 2) Work out 7 + 5
- 3) Write 13 in words.
- 4) Name the shape.



bold picture. You could cut out 2d shapes you have been learning about, use paint or coloured pens or pencils.



Friday

English

Visit rising stars:

https://www.risingstars-uk.com/

Can you listen to the story (orange) 'The Alien Classroom' then answer the questions? To listen to the story click on the play button on each page. When a think bubble appears, click on it to answer questions about the story. Please Note- this story is for comprehension purposes and the children are not expected to read the text independently.

Children will continue to subtract numbers that do not cross ten, by counting back.

Click on links below for teaching video, work sheet and answer sheet.

Video: https://vimeo.com/497563367

Worksheet:

https://resources.whiterosemaths.com/wp-content/uploads/2020/12/Y1-Spring-Block-1-WO-Subtraction-crossing-10-counting-back-2020.pdf

Answers:

https://resources.whiterosemaths.com/wp-content/uploads/2020/12/Y1-Spring-Block-1-ANS-Subtraction-crossing-10-counting-back.pdf

RE

Look at the lesson presentation of Jonah and the Whale, uploaded for you on Teams.

Have a discussion with a grown up:

Why do you think Jonah said no to God? Why do you think this made God angry? Why do you think Jonah did not trust in God?

Have you ever been in a situation when someone wants you to do something that is important but you don't feel confident to try?

Maybe you are not sure about riding a bike or trying some new food?

4) Name the shape.		 What is 18 - 5? Calculate 8 + 3 Write 12 in words. 	Draw a picture of something you would like to try or do but know you have to be brave to do it. Write a sentence or two underneath to explain what it is and why you are unsure about it.
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<u>Online links information</u> = *The links listed have been checked for content by a member of staff. However, streaming platforms may take the user to an additional video after the link has played. Children are also able to click on additional videos on most platforms. We strongly recommend that children are supervised at all times when using YouTube and other platforms to safeguard them from harmful content.

EXTRA OPTIONAL ACTIVITIES

EXTRA OPTIONAL ACTIVITIES

 $\underline{\text{https://www.bbc.co.uk/bitesize/levels/z3g4d2p}} \qquad \text{Have a look through the year 2 section to find games, quizzes and other fun thing to do from our curriculum.}$

https://learn.nessy.com/account/login#/accountLogin If you have a Nessy account, you will still be able to login and access learning.

https://www.durhammusic.org.uk/15minsofmusic Daily at 9:15am Durham Music Service are offering a 15-minute music session.

P.E. Activity Grid

Below are a selection of video links and exercising ideas. Try and stay as active as you possibly can- exercising has lots of health benefits aswell as impacting upon brain power and sleep patterns. Your timetable allows for 2 P.E. lessons per week. Feel free to repeat activities as many times as you wish. Have fun!

Cosmic Yoga Kids	Go Noodle	Jack Hartmann
This contains a selection of themed	A selection of movement and	A selection of learning videos to actively
yoga lessons and mindfulness	mindfulness videos.	participate in.
sessions.	https://www.gonoodle.com/	
https://www.youtube.com/user/Cos		https://www.youtube.com/channel/UC
<u>micKidsYoga</u>		VcQH8A634mauPrGbWs7QlQ
Joe Wicks	Koo Koo Kangaroo	<u>Challenge!</u>
Joe is back! Click on the link for a	A firm favourite in Key Stage One!	Can you ride your bike, scooter,
selection of child friendly work out	https://www.youtube.com/watch?v	skateboard or use your roller skates to
videos!	=Imhi98dHa5w&safe=active	exercise outside for at least fifteen
https://www.youtube.com/playlist?lis		minutes?
t=PLyCLoPd4VxBuPuwfVuS-		
OBtK kZqJCX-b		
Daily Exercise	Jump start Jonny	Just Dance
Complete your daily exercise either in	Have a go at these fun workouts- get	Complete some fun dance activities!
your garden or whilst on a walk. Talk	jumping today!	https://www.youtube.com/channel/UC
about what you can see/ hear/ smell.	https://www.jumpstartjonny.co.uk/h	hljW4BWKLqpojTrS_tX0mg
	<u>ome</u>	

9 ACTIVITIES TO DO WITH YOUR CHILD AT HOME DURING LOCKDOWN TO HELP THEM LOOK AFTER THEIR MENTAL HEALTH



MINDFUL COLOURING

There are a number of great mindful colouring books that can boost creativity and help your child stay focused on the present moment



MY HAPPY PLACE

Find a quiet and relaxing space and for 5 minutes close your eyes and imagine yourselves in a safe, calm and soothing place



MINDFULNESS

Encourage your child to use all their senses to try and connect with an activity that they are doing



BOX BREATHING

Use box breathing as a simple way to teach your child how to effectively engage in breathing techniques



DEEP BREATHING

Deep breathing is a great technique to help your child calm both their mind and body



EXERCISE

Play or engage in some exercise with your child. This is great for boosting mood and reducing stress and anxiety



3 GOOD THINGS

Each night before bed encourage your child to write down 3 good things they have achieved from their day and what it says about them as a person



SELF SOOTHE BOX

Create a self soothe box with your child. This is a box that includes items which connect to all your senses and help calm you down during times of distress. E.g. smell - a scented candle, sight - a picture that evokes a positive memory



SCHEDULE

Use an activity schedule and work with your child to schedule things into their week which provides them with a sense of pleasure, achievement and connectedness



