Home Learning Grid			
Week beginning:	1 <sup>st</sup> February 2021		
Class name:	Rabbit Class		
	Please call or email if you have any problems logging on to spelling shed, maths shed, reading planet or TEAMS or		
	finding the resources and we will try to help where we can. Class email: year34@edmondsley.durham.sch.uk		
	There are additional activities on the fi	nal pages, including activities to concen	trate on your well-being. Please visit
	our class page on our school website for	daily physical exercises and games.	
	<u>English</u>	<u>Maths</u>	<u>Fun Foundation</u>
Monday	Both years complete your spelling test for	<u>Year 3 - Divide 100 into 2, 4, 5 and 10</u>	<u>French</u>
·	the words you were introduced to last	Watch the video to learn more and join	Access the Language Angels Home
	week - please email scores to the class	in with the questions on screen.	Learning site at
	email address.	https://vimeo.com/489848691	https://www.languageangels.com/schools/
	<u>Year 3</u> <b>Prefixes - mis, re</b>	Can you make some of your own	You then click on the 'log in' button and
	Like un-, the prefixes dis- and mis- have	Can you make some of your own problems for your grown-ups/siblings to	then the 'log in home school' option. Our
	negative meanings. Re is to do again. A	work on? Or ask them to make some for	school uses Language Angels so you select
	common misconception with dis and mis	you. Use images to represent numbers	the 'Free to schools using Language
	is a double s (diss or miss). Hyphens are	just like in the video to make it really	Angels' option. The username is
	not required for the words listed.	tricky!	Edmond4117 and the password is lahome
	<u> Year 4 -</u>		
	Cious	Year 4 - Divide 2 digits by 1 digit (1)	From the 'Pick Your Lesson Screen'
	Sometimes the root word is obvious and	Watch the video to learn more and join	under 'Entry Level Challenge' select 'Unit
	the usual rules apply for adding suffixes beginning with vowel letters. Sometimes	in with the questions on screen. https://vimeo.com/497573248	5' which is listed as 'Fruits'. Then select 'Lesson 1' and 'Start Lesson'.
	there is no obvious root wordour is	111ps:// viiileo.com/ +5/5/5/52+6	
	changed to -or before -ous is added. A	Complete the worksheet which has been	Can you watch the interactive lesson entitled 'Les Fruits' and select one of the
	final 'e' of the root word must be kept if	uploaded to Teams or which can be	worksheets to complete?
	the /d3/ sound of 'g' is to be kept. If	accessed here:	Can you send a picture of your written
	there is an /i:/ sound before the -ous	https://resources.whiterosemaths.com/	work to the class email address?
	ending, it is usually spelt as i, but a few	wp-content/uploads/2019/12/Y4-	
	words have e		

		Spring-Block-1-WO8-Divide-2-digits-	
	Could both years use your spelling words	<u>by-1-digit-1-2019.pdf</u>	
	from the school website to write		
	interesting sentences with a weekly	Years 3 and 4 - An activity has also	
	spelling word in each, trying to use	been added to Math Shed.	
	conjunctions and adjectives.		
	Years 3 and 4 - An activity has also		
	been added to Math Shed.		
<u>Tuesday</u>	<u>Aunt Agatha Space Traveller</u>	Year 3 - Divide with remainders	<u>French</u>
	<u>Chapter 4</u>	Watch the video to learn more and join	Access Language Angels home school log
	Read Chapter 4 of the text Aunt Agatha	in with the questions on screen.	in using the procedure found in the box
	Space Traveller independently/with your	https://vimeo.com/492449125	above. Today we will pick up from where
	parent. The file for the text can be	The video asks you to use counters but	we finished yesterday. Under 'Entry
	found on Teams. Ask your parent for	you can use whatever you have available	Level Challenge' select 'Unit 5' which is
	support if needed with unfamiliar words.	to you; pasta, pebbles, cereal, etc.	about 'Fruit'. Today, can you view the
	Can you look these up in a dictionary to	Can you explain to your grown-up/sibling	Lesson 2 PowerPoint entitled 'Interactive
	find out their meanings?	how to divide with remainders?	Lesson' and complete one of the
	Complete the multiple-choice		activities? Can you email me a photo of
	·	Can you now set your own problems	·
	comprehension questions. There is no	where a grown up must use counters to	your written work? This could just be
	need to write these out, just write 1-10	solve a division calculation? Show them	the English/French words.
	and answer a,b or c as we do in class.	how to use the counters to solve the	
	Could you let me know your score? Then	problem you have set.	Once you have done this you can then go
	talk to a grown up about the guided	Variable A. Nicilia 2 dicitament and taraf	into the Games Arcade if you would like
	reading questions. Discuss each one and	Year 4 - Divide 2 digit numbers by 1	and select this unit. The games for all
	use the text to help you answer the	digit	the learning covered in the entire unit are
	questions.	Watch the video to learn more and join	found here. You can decide upon which
		in with the questions on screen. https://vimeo.com/497601665	games you would like to play.
	As an optional extension activity, you	Complete the worksheet which has been	
	could have a go at completing the guided	uploaded to Teams or which can be	
	reading response questions where you will	accessed here:	
	need to write sentences to answer the	https://resources.whiterosemaths.com/	
	questions. You can find these from the	wp-content/uploads/2019/11/Y3-	
	second file on teams related to this text.		

		Spring-Block-1-WO7-Divide-2-digits- by-1-digit-3-2019.pdf  Years 3 and 4 - An activity has also been added to Math Shed.	
<u>Wednesday</u>	Aunt Agatha Space Traveller  Chapter 4  Complete the activity sheets from Teams	Year 3 - Divide 2 digits by 1 digit (3) Watch the video to learn more and join in with the questions on screen. https://vimeo.com/494126561	PHSCE View the PowerPoint on Teams and talk to your grown-ups about the questions on screen. Then complete the following
	relating to this chapter entitled 'Dear David' and 'Using Pronouns'.	Complete the worksheet which has been uploaded to Teams or which can be accessed here:	activities (also outlined in the PowerPoint).
	Optional extension - verbally go over the activity sheets entitled 'Inspire Words', "Discussing the Options' and complete the worksheet 'Design a Cartoon Alien'.	https://resources.whiterosemaths.com/ wp-content/uploads/2019/11/Y3- Spring-Block-1-WO7-Divide-2-digits- by-1-digit-3-2019.pdf	Think about - What behaviours can help us to learn new things? What can we do when we find our learning challenging?
		Year 4 - Divide 2-digits by 1-digit (2) Watch the video to learn more and join in with the questions on screen. https://vimeo.com/497936690 Complete the worksheet which has been uploaded to Teams or which can be accessed here: https://resources.whiterosemaths.com/wp-content/uploads/2019/11/Y4-Spring-Block-1-WO9-Divide-2-digits-by-1-digit-2-2019.pdf  Years 3 and 4 - An activity has also been added to Math Shed.	Think carefully about a learning experience you have had where you tried really hard to achieve something and then succeeded. Think of the positive attitude you had towards the task, draw a picture of you trying hard to achieve the task and write about how you felt having completed it.  Finally, make poster that will help us to motivate ourselves and each other when taking on new challenges or finding something tricky.

<u>Thursday</u>	Watch the first 10 seconds of this video	<u>Year 3 – Scaling</u>	<u>Computing</u>
	and guess what you think might be in the	Watch the video to learn more and join	
	water.	in with the questions on screen.	What is an animation?
	https://www.literacyshed.com/marshmallo	https://vimeo.com/494127943	Animation is a method in which figures
	<u>ws.html</u>	Complete the worksheet which has been	are manipulated to appear as moving
	Play clip again but stop at 18seconds.	uploaded to Teams or which can be	images. Watch this video to find out
	What do you think now? Play the rest of	accessed here:	more.
	the clip and stop at 1m20s. What do you	https://resources.whiterosemaths.com/	https://www.bbc.co.uk/bitesize/clips/zyp
	think the boy will do? Play to the end.	wp-content/uploads/2019/11/Y3-	yb9q
	Look for as many details about the	Spring-Block-1-WO8-Scaling-2019.pdf	View the PowerPoint uploaded onto Teams
	setting as possible and record as much		and answer the questions on screen.
	information as you can on a sheet of	Year 4 - Divide 3 digits by 1 digit	
	paper. Play the video again to see what	Watch the video to learn more and join	Then create your own animation using a
	else you notice.	in with the questions on screen.	flip book!
	Write at least 6 interesting sentences	https://vimeo.com/497992648	
	about what you can see. I have uploaded	Complete the worksheet which has been	Think carefully about your pictures,
	some sentence starters onto Teams to	uploaded to Teams or which can be	where they should be on the page and
	help you.	accessed here:	how you will make it look like they have
		https://resources.whiterosemaths.com/	moved.
	Can you start your sentence with	wp-content/uploads/2020/06/Y4-	
	preposition phrases? (in the middle of the	Spring-Block-1-WO10-Divide-3-digits-	
	lake, next to the tree)	<u>by-1-digit-2019.pdf</u>	
	Can you extend your sentences by adding		
	additional detail?	Years 3 and 4 - An activity has also	
	As an extension - Can you put the	been added to Math Shed.	
	sentences into a paragraph?		
<u>Friday</u>	Using your work from yesterday, you are	<u>Year 3 - How many ways?</u>	<u> Science – The Water Cycle</u>
	going to write an opening setting	Watch the video to learn more and join	Watch the following video to find out all
	description by adding in elements of the	in with the questions on screen.	-
	forest that we did not see in the clip.	https://vimeo.com/496812718	about the water cycle and complete the quiz at the end, can you get all 5 correct?
		Complete the worksheet which has been	https://www.bbc.co.uk/bitesize/topics/zk
	Looking at the picture from yesterday,	uploaded to Teams or which can be	-
	think about what you might see and hear.	accessed here:	gg87h/articles/z3wpp39
	Visit this link for some extra ideas -	https://resources.whiterosemaths.com/	
		wp-content/uploads/2019/11/Y3-	

## https://www.youtube.com/watch?v=Jb\_4 dE5VD\_q

Create a timeline to help you decide what you would describe and in what order. The lake, the moon, the mountains, the trees, the campsite, the fire, the tent? Perhaps a different order? Use the example setting description on Teams to help you decide. Think about the flow of the writing and the vocabulary used.

Write the setting opening using the work from today and some of yesterday's ideas. Ensure you include prepositional phrases but not in every sentence and that your writing flows.

<u>Spring-Block-1-WO9-How-many-ways\_-</u> <u>2019.pdf</u>

Year 4 - Correspondence problems.

Watch the video to learn more and join in with the questions on screen.

https://vimeo.com/498265698

Complete the worksheet which has been uploaded to Teams or which can be accessed here:

https://resources.whiterosemaths.com/ wp-content/uploads/2019/11/Y4-Spring-Block-1-WO11-Correspondenceproblems-2019.pdf

Years 3 and 4 - An activity has also been added to Math Shed.

Create a diagram to show the different stages of the water cycle. Remember to include the keywords:

- Precipitation
- Evaporation
- Condensation
- rivers and streams
  - sun
  - sea
  - wind

You can create your own water world to see each step of the water cycle in action. Follow the instructions which have been uploaded onto Teams. <u>Online links information</u> = \*The links listed have been checked for content by a member of staff. However, streaming platforms may take the user to an additional video after the link has played. Children are also able to click on additional videos on most platforms. We strongly recommend that children are supervised at all times when using YouTube and other platforms to safeguard them from harmful content.

#### ADDITIONAL ACTIVITIES

https://play.edshed.com/ All children have a log in for this and are able to access a range of resources in addition to their allocated assignments.

https://www.lexiacore5.com/register Children who have a Lexia account will still be able to login and access learning.

https://learn.nessy.com/account/login#/accountLogin Children who have a Nessy account will still be able to login and access learning.

https://home.oxfordowl.co.uk/reading/free-ebooks/ Oxford Owl have a library of free ebooks available.

https://www.durhammusic.org.uk/15minsofmusic Daily at 9:15am Durham Music Service are offering a 15-minute music session, they will remain accessible throughout the day

### P.E. Activity Grid

Below are a selection of video links and exercising ideas. Try and stay as active as you possibly can-exercising has lots of health benefits aswell as impacting upon brain power and sleep patterns. Your timetable allows for 2 P.E. lessons per week. Feel free to repeat activities as many times as you wish. Have fun!

Cosmic Yoga Kids	Go Noodle	Jack Hartmann
This contains a selection of themed	A selection of movement and	A selection of learning videos to
yoga lessons and mindfulness	mindfulness videos.	actively participate in.
sessions.	https://www.gonoodle.com/	
https://www.youtube.com/user/Cosmi		https://www.youtube.com/channel/UCV
cKidsYoga		cQH8A634mauPrGbWs7QlQ
Joe Wicks	Koo Koo Kangaroo	<u>Challenge!</u>
Joe is back! Click on the link for a	A firm favourite in Key Stage One!	Can you ride your bike, scooter,
selection of child friendly work out	https://www.youtube.com/watch?v=	skateboard or use your roller skates to
videos!	Imhi98dHa5w&safe=active	exercise outside for at least fifteen
https://www.youtube.com/playlist?lis		minutes?
t=PLyCLoPd4VxBuPuwfVuS-		
OB+K_kZqJCX-b		
Daily Exercise	Jump start Jonny	<u>Just Dance</u>
Complete your daily exercise either in	Have a go at these fun workouts-	Complete some fun dance activities!
your garden or whilst on a walk. Talk	get jumping today!	https://www.youtube.com/channel/UCh
about what you can see/ hear/ smell.	https://www.jumpstartjonny.co.uk/h	IjW4BWKLqpojTrS_tX0mg
	ome	

# 9 ACTIVITIES TO DO WITH YOUR CHILD AT HOME DURING LOCKDOWN TO HELP THEM LOOK AFTER THEIR MENTAL HEALTH



#### MINDFUL COLOURING

There are a number of great mindful colouring books that can boost creativity and help your child stay focused on the present moment



#### MY HAPPY PLACE

Find a quiet and relaxing space and for 5 minutes close your eyes and imagine yourselves in a safe, calm and soothing place



#### MINDFULNESS

Encourage your child to use all their senses to try and connect with an activity that they are doing



#### **BOX BREATHING**

Use box breathing as a simple way to teach your child how to effectively engage in breathing techniques



#### DEEP BREATHING

Deep breathing is a great technique to help your child calm both their mind and body



#### EXERCISE

Play or engage in some exercise with your child. This is great for boosting mood and reducing stress and anxiety



#### 3 GOOD THINGS

Each night before bed encourage your child to write down 3 good things they have achieved from their day and what it says about them as a person



#### **SELF SOOTHE BOX**

Create a self soothe box with your child. This is a box that includes items which connect to all your senses and help calm you down during times of distress. E.g. smell - a scented candle, sight - a picture that evokes a positive memory



#### **SCHEDULE**

Use an activity schedule and work with your child to schedule things into their week which provides them with a sense of pleasure, achievement and connectedness



